



Lincoln-Way North High School

SWSC All-Conference – 2009-2010 “Fall Season”

Boys’ Soccer

Alex Arias
Danny Mack

Girls’ Volleyball

Ashley Greenwood
Mandy Beniac
Erynn Schuh

Girls’ Cross Country

Jordan Wallace
Marrissa Jones
Taylor Schissler
Dena Waldier

Boys’ Cross Country

John Niendorf
Matt Niendorf
Julius Medez

Football

Tait Erikson
Mike Taylor
Jake Bice
Billy Chase
Alex McInerney
Dan Enns
Jim Hammar
Juan Deleon
Ryne Lyson

Girls’ Golf

Erica Petraitis

Boys’ Golf

Jack Misheck

Girls’ Swimming and Diving

Jessica Collins
Megan Wortel
Cheyenne DeGraff
Jenna Tasic
Taylor Nelson

Special Recognition

- Selena Smith – State Qualifier (Girls’ Tennis)
- Mike Taylor – All-Area SouthtownStar (Football)
- Alex Arias – All-Sectional (Boys’ Soccer)
- Jordan Wallace – State Qualifier and Sectional 8th Place (Girls’ Cross Country)
- Matt Niendorf – State Qualifier (Boys’ Cross Country)
- Ashley Greenwood – All-Area SouthtownStar (Girls’ Volleyball)
- State Qualifier 200-yd. Medley Relay (Girls’ Swimming): Cheyenne DeGraff, Taylor Nelson, Jenna Tasic, and Megan Wortel
- Jessica Collins – Sectional Champion/State Qualifier and 12th Place at State (Girls’ Diving)
- Cheyenne DeGraff – Sectional Champion/State Qualifier 100-yd. Breaststroke and State Qualifier 200yd. Individual Medley (Girls’ Swimming)

Team Recognition

- Varsity Football – Conference Champion / State Playoff Qualifier
- Varsity Girls’ Swimming and Diving – Conference Champion
- F/S Girls’ Tennis – Conference Champion
- Sophomore Girls’ Volleyball – Conference Champion
- Sophomore Football – Conference Champion
- JV Girls’ Swimming and Diving – Conference Champion

**Congratulations to all of our Varsity Level Programs for being recognized by the I.H.S.A.
Team Academic Award – 3.0 Grade Point Average or Higher**